



**Meridian Anti-Drug Coalition *General* Meeting Minutes
Meridian Police Department
October 20, 2016**

TIME	SPEAKER & AGENDA ITEM(S)	ACTION & PERSON(S) RESPONSIBLE
4:05	Cheryl Mulvihill, Anti-Drug Coordinator <ul style="list-style-type: none"> • Welcome & Introductions: Kendall Nagy, Katie Barnes, Jim Flecker, Jeff Crabtree, Howard Davis, Kristi Lampe, Wayne Sharp, Earl Scharff, Scott Colaianni, Amanda Juhasz, Tina Jantz, Jason Zelus, Stephany Galbreath, Cheryl Mulvihill 	<ul style="list-style-type: none"> • sign-in sheet signed by all attendees (14)
4:07	Stephany Galbreath, MADC Secretary <ul style="list-style-type: none"> • Approval of Minutes: Motion to approve by Lt. Colaianni. Second by Katie Barnes. 	<ul style="list-style-type: none"> • motion and vote to approve minutes
4:10	Center for Behavioral Health: Medication Assisted Treatment <ul style="list-style-type: none"> • Amanda Juhasz, LPC: Two locations; Boise & Meridian. Center for Behavioral Health offers three different medication assisted treatment options; Methadone, Suboxone (Buprenorphine), Vivadone. New patients see a nurse, doctor, and counselor during the intake process. The new patient has to be in active withdrawal during the evaluation. The new patient must be actively dependent on opioids or heroin for at least a year. If the level of service is higher than Center for Behavioral Health is able to provide, the patient is referred to other resources. During the treatment process the counselor is continuously working with the patients; UA's, building life skills, emotional coping skills, stabilization, additional community resources, etc... If there is any concern that the patient is impaired and driving the clinic calls Law Enforcement. The Center for Behavioral Health is trying to reduce the stigma associated with methadone clinics. • Tina Jantz, LPN: There is a therapeutic level when working with methadone; the goal is to hit that with each individual patient. The nurse is constantly working with the patients to manage withdrawal and craving symptoms while the patient is not impaired. The goal with this treatment process is to heal and recover via counseling, while the medication is a tool to help ease the physical addiction. Each patient is seen every day to ensure they are receiving the correct dosage. Center for Behavioral Health is not a pain clinic; they are a treatment center for addiction. Guidelines and policies are regulated by DEA on methadone take-home privileges. • Photos Shared: Medication window= personable, however protecting the nurses. Clinic 	

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 Our vision is to build Meridian into a drug free community where people can safely live, work and raise a family.



	<p>entrance= Methadone clinics in larger cities do have barred doors and windows; thankfully the Center for Behavioral Health does not need that. Check-in Window: More of a lobby, comfortable style entrance with music to help with confidentiality. Counseling Office: Back to the therapeutic atmosphere, while offering additional resources. Monthly Education: further resources listed on the board.</p> <ul style="list-style-type: none"> • Questions: What is the census? Tina Jantz: We require the patients to come in every day for the first year; then it is moved to once a week or even once a month depending on each patient. Patient number has been from 160-320. • Patients sometimes get complacent in the program; they are constantly reminded to lock up their medications, secure it away from other people. Methadone may not be taken out of the clinic unless it's locked and secured. • Do you have a tapering program or more maintenance? Amanda Juhasz: More tapering patients vs maintenance. • How long is roughly your regular taper patient? Amanda Juhasz: The average medication the Center gives could be as low as 10mg or as high as 120mg. The suggested way to taper off a starting dosage of 120mg is two years; however the patient is allowed to take this program more aggressively. • Wayne Sharp: Where do most of your patients start with, pain pills or heroin? Amanda Juhasz: The majority of the patients start with pain pills. • Kristi Lamp: What is the cost of the program? Amanda Juhasz: \$70 a week; includes counseling, and any dose of methadone based on where they are in the program. The Center also does after-care services for those who have completed the program; free counseling up to once a week for an entire year at no cost. • Wayne Sharp: Does the clinic work with Health and Welfare? Amanda Juhasz: At this time the clinic is not working with the Health and Welfare in a negative or positive way. 	
4:35	<p>Kendall Nagy, MADC Director</p> <ul style="list-style-type: none"> • CCI & CADCA Training updates: during the Lewiston training, we were given updates from ODP. There will be a CBD bill during the next legislative session. The bill is very loosely written: "Patients, caregivers, growers, and practitioners are not subject to arrest, prosecution, or penalty in any manner, or denial of any right or privilege, including any civil penalty or disciplinary action by a court or occupational or professional licensing 	

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	<p>board or bureau for conduct authorized in the Act.” It would allow for possession of 24 ounces AND 12 plants (side note- 24oz. is a felony drug trafficking charge), a grower must only be 18 yrs of age, and “No county, city, or legislature may enact a moratorium in any city, county, or state.”</p> <ul style="list-style-type: none"> • Fentanyl alerts from DEA. Oxy tablets laced with Fentanyl. • Two CADCA trainers worked to enhance the skills of coalition members on evaluation and the direct correlation to local conditions. • Community Block Party @ Kleiner Park: Thousands of citizens attended this event. MADC had a #Naturalhigh and MADC information booth. Talked with many community members about notMYkid and handed out free drug kits along with a parent packet. • Recovery Day Breakfast @ Public Training Center: Roughly 50 attendees including citizens, city leaders and The Mayor came to hear Liza Long and Eric Walton speak about mental illness and their personal recovery process in recognition of National Recovery Day. • Treasure Valley Youth Safety Summit: 220 Meridian High School Students attended an all-day training on destructive choices; impaired driving, distracted driving, bullying, suicide prevention, and personal safety. • Public Safety Day @ Fire Station One: approximately 675 citizens attended this interactive opportunity to talk with Meridian Fire and Police Officers while learning about public safety. MADC had a drug prevention booth and disseminated prevention education materials and drug tests. 	
4:50	<p>Members & Guests: updates on MADC mission efforts and community events.</p> <ul style="list-style-type: none"> • Upcoming events: Red Ribbon Week, DEA Rx Take-Back & Crime Stoppers Shred Event 10am-2pm 10/22 @ St. Luke’s Meridian, Trunk Or Treat 10/27th @ City Hall, Reality Party for Parents 1-4pm 10/29 @ Forward Movement Training Center 	<ul style="list-style-type: none"> • Reality Party promotion and registration
	<p>Open Discussion: feedback, ideas, questions, etc.</p> <ul style="list-style-type: none"> • Lt Colaianni: the executive board at the Police Department is considering allowing officers to carry Naloxone. The program may be piloted through the drug unit. Preliminary research is being done. There are costs associated to this program; training, where it’s stored, legal. • Howard Davis: Great American Pumpkin Launch in Nampa (Orchard and Midway) for the Habitat for Humanity, this Saturday 12-7pm. Roughly 4,000 community members attend 	

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	<p>each year.</p> <ul style="list-style-type: none">• Katie Barnes: Health Fair at BSU on November 16th. If you would like a booth, please let Katie know.	
<p>5:00pm Meeting Adjourned. Thank you for being an active part of MADC, working to prevent substance abuse in our community!</p>		

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