



MINUTES: Meridian Anti-Drug Coalition General Meeting
 Meridian Police Department, Media Room or *Zoom
 1401 E Watertower St, Meridian, ID 83642
 October 16, 2025 | 4-5PM

19 ATTENDEES (16 In-person) Kendall Nagy, Hailey Blogg, Anne Little Roberts, Jacob Cluff, Earl Scharff, Kati Chauvin, Danielle Fanopoulos, Katherine Holderness, Caylee May, Syler Maben, Robert Rodriguez, Katie Rhodenbaugh, Tia Matlock, Caleb Matlock, Terry Austin, Neven Lusambe, **(3 Zoom)** Brenda Willson, Cheryl Muvihill, Heather Allan

TIME	SPEAKER AGENDA ITEMS	NOTES
4:00	Kendall Nagy, Director: Additions to Agenda? Welcome & Introductions	(all) sign-in, introductions
4:05	Hailey Blogg, Secretary: 9/18/2025 General Meeting Minutes vote (sent out via email), EHS, CMB at Gowen, Recovery Celebration, IY-LCA Pitch, MS Lunches, RRW	(Secretary) record attendees, take minutes; special attention to action items & votes (all) vote to amend or approve minutes- motion, second, all in favor, anyone opposed? 1 st – Jake Cluff, 2 nd – Anne Little Roberts. All in favor. (Hailey) Eagle High School, Natural High photo booth- partnership with Central District Health’s (CDH) MegaBrain. Thank you Susie for volunteering. Good turnout compared to last year and students were respectful, overall great night. Idaho Youth-Led Campaign Alliance (IY-LCA)- heard student pitches, selected a group to proceed. Working on a bunch of different content, hopefully we’ll be able to use some. CATCH My Breath (CMB) at Gowen Field- trained 12 Idaho National Guard Counterdrug program members to teach the curriculum. Located all over the state of Idaho. Getting the education out in more rural areas. Recovery Breakfast 2025- great attendance, speaker did great. Thank you to volunteers for helping out and thank you for those who attended. Middle School Lunches- partnership with West Ada School District (WASD) and CDH MegaBrain to provide prevention education via Natural High Campaign. Will need some volunteers to help out. If you are interested in volunteering please email . Red Ribbon Week (RRW), festivities starting next week. K9 demonstrations, dropped off resources at WASD. Will be out and taking some pictures throughout the week.
4:10	Executive Committee, Sector Representatives (SRs) Caylee, Youth SR: iDFY Chapter & Sticker Shock updates Kati, Government SR: multiple updates	SR Action Items & Updates (Caylee) Helped at Recovery Breakfast, really enjoyed the event. The speaker was very personable. Helped at Public Safety Day in the Hidden In Plain Sight (HIPS) trailer. My grandparents came through and I taught them about the items inside. (Kendall) I had a conversation with your grandma and she was proud of you and everything we do in the community. (Caylee) I also helped with resource bag assembly for RRW. I will be helping at Trunk or Treat as well. Idaho Drug Free Youth (IDFY) club was approved at Mountain View High School (MVHS). We’ll be participating in the Sticker Shock campaign on the 27 th during lunch. (Kati) CDH created new posters for WASD. They are posted in all the high schools. (Hailey) Do you have any for Elementary Schools? A lot of posters we have are not Elementary appropriate. (Kati C.) Yes, we made some for the Elementary Schools too. (Kendall) Are the posters a result of IY-LCA? (Kati C.) No, they are CDH made. Middle School lunches- will be there with the MegaBrain which is a huge light-up brain and has facts about the brain throughout. Will be doing an activity with the kids, they answer a question and get a swag item. Questions are: Why do you choose to live vape free? Why is it important to keep your brain healthy? Helps give guidance



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	<p>Earl, Parent SR:</p> <p>Yoonwa & Tiffany, School SR: absent</p> <p>Jordan, Media SR: absent</p> <p>Danielle, Substance Misuse SR:</p>	<p>on how to talk to kids. Virtual Parent Guardian Training on November 24th. RSVP here. Will discuss current trends with vaping, and free resources available. I include a slide with coalitions and list MADC with contact info. One attendee will win a \$100 gift card. CMB survey was officially approval by WASD. That will be implemented soon. CDH is working closely with the Interfaith Sanctuary. Overdose kits mounted, anyone who wants a tour of the facility, email Jodi Peterson-Stigers. (Kendall) Where is it located? (Jake) The old salvation army on State Street in Boise. (Kendall) Will send an email who would be interested. (Hailey) Make sure you ask about minors when you send the email.</p> <p>(Earl) Sent out another newsletter bulletin for the schools. Pulled up the one for Compass charter, and they are getting the information out so that's good. Looking for ideas to put into the newsletter each month. Maybe something for RRW. (Robert) Current trends as well? (Kendall) Yes, anything. This month we are going to try and do one on RRW, what the history is, and include Natural High talking points for home conversations. Any trends or things you are hearing in the sectors you represent, please let us know. They are going to WASD admin as well. (Earl) Maybe a question-answer topic down the road. I sent a couple articles: an increase in marijuana drinks, why alcohol consumption in youth is going down and CBD. Boise PD is prosecuting vape shop owners, for example the one on Fairview. (Hailey) I saw an article saying the owner was arrested. (Jake) Is any of this coming for THC-P? (Kati C.) The deltas? (Jake) Maybe, are they part of the marijuana drinks? (Kendall) For us in Idaho, it's all against the law. Some policies in other states, for example in Oregon, state no Delta 8 or 9, but the molecule can be tweaked then it becomes a loophole that can't be enforced until policy is updated. There is also an increase in drinks with psychedelics. (Earl) I imagine we could find THC products here but don't know. (Robert) I've seen gummies but not drinks.</p> <p>(Yoonwa & Tiffany) (Kendall) Yoonwa got back to me and let me know, 150 counselors attended the kickoff. (Hailey) Working with School Resource Officer (SRO) Barone to teach CMB at Meridian Elementary. Spoke with Tiffany and looks like I may be doing more work in the Elementary Schools, which is great. (Kendall) Compass Charter is working with the Natural High nonprofit on a new RRW curriculum. Doing a pre/post survey. Natural High is currently working towards an evidence-based status, which is hard to do. MADC is doing more work with Tiffany and Lisa Currin.</p> <p>(Jordan) (Kendall) Jordan did a video recording at Recovery Celebration for Bryan's family. She is also helping with the Media Release for the Rx Take-back.</p> <p>(Danielle) Attended Recovery Celebration, I think it was the best turn out. So many people from different sectors of life, good mixture. Bryan is going to speak at a couple WASD schools. (Robert) What schools? (Hailey) I believe the academies. (Danielle) Imagine launched a virtual Intensive Outpatient program. It's an after-school program for 3 hours a day, 3 days a week. Higher level support than a regular counselor. (Kati C.) What counties do you work out of? (Danielle) Anywhere in Idaho (Kendall) How do you measure success on that? (Danielle) Go</p>
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	<p>Susie, Civic SR: absent Robert, Law Enforcement SR:</p> <p>Anne, Business SR: Kratom</p> <p>Jake, Religious SR: Steroids and performance enhancing drugs</p>	<p>through a 3rd party that reviews and checks in with alumni. Mental health with teens is hard. It usually takes a full year to get the data. We use a 3rd party so it's not biased.</p> <p>(Susie) (Kendall) She dropped off RRW resources before Hawaii.</p> <p>(Robert) Carfentanil article from Chief, synthetic opioid 100x stronger than fentanyl. Looks like fentanyl users shifting to that. Will be presenting during RRW. (Danielle) Did a Linked-in post on Kratom, a heads-up people get feisty on social media. I deleted the comments. (Kendall) Even more of a push back because of the funding at a national level. That's why we're holding off on sharing anything to social media for now.</p> <p>(Anne) attended Recovery Celebration, best turnout yet, and great speaker. In a Kratom article, Matthew Lowe the Executive Director of Global Kratom Coalition, which is calling for a ban on synthetic kratom (7-OH), said "Americans are spending an estimated \$9 billion every year on 7-OH. That means Americans are spending more money on 7-OH than on hard seltzer." (Hailey) 7-OH stands for 7-hydroxymitragynine or 7-hydroxy. (Earl) You can find it at the vape shop on Fairview. (Hailey) You can see the sign when you drive by, it's huge and says "Best Deals 7-OH." (Kendall) Any signage you see like that in Meridian, please try and take a picture and send it to me.</p> <p>(Jake) Attended Recovery Celebration and helped with the PowerPoint. I emailed Hailey and Kendall that USA weightlifting is seeing an increased use of steroids and Performance Enhancing Drugs (PEDs). A 12-year-old caught on with the trend, and he has done a ton of damage to his body. I am still trying to figure out how he got access to it. It's on social media so I am assuming it is funneled through there. I tried to see how easy it would be for young people to get, and I can get to check out with the product within two hours. I spoke to a salesman that explained to me this product would not show up on a test. Advertisements on mushrooms and psychedelics are showing up on the feed as well. USA weightlifting sends for testing before, during, and after the tournament. If you win, you get tested for a full year after winning. The steroids are coming from labs in China, and the package says "not safe for human consumption" but the packaging shows a serving size. My gym social media is filling up with influencers trying to sell steroids to kids. (Earl) Is there a way to do a lecture with school athletics? (Jake) I can pull in individuals from my gym who did it. (Kati C.) Outside of school, are there cross-fit youth programs? That may be a good way to educate as well. (Jake) CrossFit is losing popularity. Large push for untested category in every federation. USA Masters, they tried that in their last meet and had an untested category. For example, some individuals that take testosterone for medical purposes. (Hailey) I feel like everyone is taking testosterone. (Katie R.) I am on it for health purposes. (Jake) Many people are on it for health purposes. It's very dangerous to people who take it just because. (Danielle) My 17-year-old son bought peptides pills off the internet. (Jake) Many of these products come from labs in China and then are shipped to Central America. It's not a tested lab, so what are they putting in there? (Earl) I thought steroids were out, and it's not even talked about anymore. (Jake) There is a trend going around where people get extremely high and weightlift. (Katie R.) Like marijuana high? (Jake) Yes, and then take a bunch of caffeine to get a 'better lift.' These people make concoctions and then weight lift. It's a trend on social media. (Kati C.) Currently seeing a lot of chronic diseases in children now,</p>
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	<p>Brenda, Youth Serving SR: logged off</p>	<p>wondering what the science shows when it comes to steroids and cannabis use? (Jake) Weightlifting cultural has it too, smoking and vaping. In the locker room stimulant use is extremely high. (Kati C.) May be good to share at the Idaho Prevention and Support Conference, we can share some information. (Hailey) Jake if you have any facts please send them to us. (Anne) I know someone who passed away from steroid use. (Jake) With steroid use, it does not specify which part of your body grows, everything grows. (Kendall) Let me know, what you are thinking to get the information out there. I suggest starting with a bulletin and incorporating it into your CEC video. Robert, do you know if they test athletes at school? (Robert) I haven't heard anything. Is there a testing protocol for WASD? (Katie R.) Not that I am aware of, I can check. (Caylee) They don't do any drug testing in WASD schools. (Jake) There are kids under 18 getting these drugs because there is no regulation. (Kendall) Maybe we can work on a bulletin and info for the newsletter. Or a flyer for gyms. (Earl) Does the chief still do his self-defense classes? (Kendall) The police department still offers that class but the chief doesn't teach them. (Brenda) R4BHB logged off before end of meeting (Kendall) Met with her yesterday to record her CEC video, she did a great job just like everyone else that has filmed. R4BHB, Brenda leads that group and I serve as the Prevention Specialist on the board and was able to give an update on MADC.</p>
<p>4:35</p>	<p>Kendall: Icarus TVYSS</p> <p>Holiday Meeting - Service Project</p> <p>Personal Safety Class Parent Night</p> <p>Upcoming: LCMS Lunch 10/14, MMS Lunch 10/21, Trunk-or-Treat 10/23, Red Ribbon Week 10/23-31, Rx Take-back 10/25, MVHS Presentations 10/27&28, CMS</p>	<p>(Kendall) Met with Chris from Icarus, a new mental health and recovery provider in Boise. Treasure Valley Youth Safety Summit (TVYSS) was last week, I got to see some of the i2i program in action. Jeff is amazing and works with youth to get them excited and involved. I also got to visit with Tiffany from Connection is the Cure and tell her about the Hidden in Plain Sight trailer. Middle School lunches- thanks for signing up, looks like we'll need a few more people. Looking at upcoming meetings. In December, MADC usually does a holiday meeting, Hailey suggested doing a holiday service project instead. I wanted to put that out for discussion. (Kati C.) I think Meridian foodbank would be a great option. (Katie R.) Or the backpack program. Do you want me to reach out to them? (Kendall) That would be great, any back up options? (Jake) Jackie Smith in Parks is working on a service project for shopping and wrapping presents. (Kendall) Rx Take-back radio promo ads are running. The Meridian Police Department is doing a Personal Safety Class Oct. 29th. Register today, spots limited. Parent night with Officer Gomez at Meridian High, will have Hidden In Plain Sight trailer there and be handing out Operation Parent handbooks. RSVP here. (Anne) The High Intensity Drug Trafficking Area (HIDTA) hot sheet is crazy. (Kendall) Yes, it talks about 7-OH (Katie R.) December meeting is the date already set? (Kendall) Yes, third Thursday of the month. (Robert) December 18th</p> <p>(all) volunteers needed for middle school lunches & Parent Night 10/28, Promote Rx Take-back, Kratom/Kava Community Scan (staff) data/assessment, grant considerations, event planning, CEC video</p>



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	10/27, Parent Night MHS 10/28, OHS Presentations 10/31	
4:50	Open Discussion: community partner announcements/updates	<p>(Kendall) Tia and Caleb are visiting us, if you'd like to share. (Caleb) We want to bring more awareness about Kratom. We lost our daughter, Kielee, to a Kratom overdose. "My daughter died of Mitragyna (kratom) overdose March 1st of this year. She was only 23 years old. She started taking it for natural safe pain relief. But what they didn't tell her was kratom acts directly on the brain's opioid receptors, the same pathway as Morphine and heroin. In a CDC analysis of 27 states during mid-2016 to end-2017, kratom was detected in over 150 overdose deaths; in 91 of those cases medical examiners or coroners concluded kratom was a cause of death. Poison centers and health agencies report increasing exposure cases; public health officials have expressed concern that many deaths may go undercounted because not every medical examiner tests for kratom. Kratom is marketed as a natural relief for pain and anxiety, but it behaves as a potent opioid with no clinical insight. Every day it remains legal and readily available at gas stations and smoke shops. More families will lose someone they love if we don't do something about it." (Danielle) We are all with you and will advocate for you. (Kendall) The topic of Kratom has been coming up at different meetings we attend. We appreciate you sharing and coming to the Recovery Breakfast too. We'll do what we can to raise awareness and share education about Kratom. (Danielle) A gas station next to our house has Kratom displayed. They said they have people come in every day to get their Kratom. We asked the gas station to put up brochures for Northpoint, and we got a referral from it. I am going to keep trying to get more places to put them out. Can they move the kratom away from the cash register? (Jake) I have a contact with Jackson (gas stations) Industry. (Kati C.) I had a 30 min conversation with John Jackson and can try to reach out. (Kendall) I am curious about the business owner's perspective. How does that work in the business world? (Jake) I can almost guarantee John Jackson will have contacts for other gas station owners. (Hailey) When checking social media, supporters of Kratom are very strong in their beliefs. (Tia) They accuse us of supporting big pharma because we don't support Kratom. (Hailey) check out the Matlock's Facebook page – Justice for Kielee. (Kendall) If anyone would like to do an email introduction for the gas station contacts, that would be helpful. (Jake) Many people can access alcohol, tobacco, kratom. We need to understand safety measures. (Anne) I can get Zach Eddy if we can't get John to come. (Kendall) I have not solidified a guest speaker for Nov.</p> <p>Kratom Info: Midwest HIDTA Quarterly Drug Hot Sheet (7-OH - Kratom)</p>
5:05pm Adjourn Meeting		Next MADC Meetings: November 20th Executive Committee at 3PM & General Meeting at 4PM